

Month:



School: Newport City

**Summer Lunch Menu
2-Week Cycle**

**This institution is an equal
opportunity provider**

Production records must be done for all meals served Including snacks

Date:	Date:	Date:	Date:	Date:
Hot & Tasty WG Chicken Patty Sandwich (2 oz. eq. m/ma, 2 oz. eq. grain) Crinkle Cut French Fries (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Caesar's Palace Romaine lettuce, Chicken & Cheese with Whole Grain Croutons (2 oz. eq. m/ma, 1 oz. eq. grain, 1/2 cup veg) Caesar Dressing Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Yogurt Mania Dannon Yogurt (1 oz. eq. m/ma) Cheese Stick (1 oz. eq. m/ma) WG Cheddar Goldfish (1 oz. eq. grain) Vegetable Sticks (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Ham & Cheese Bagel Ham & Cheese with Honey Mustard Cream Cheese on a WG Bagel (2 oz. eq. m/ma, 2 oz. eq. grain) Vegetable Sticks (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Deli Day Field Trip Ham or Turkey with American Cheese on WG Bread (2 oz. eq. m/ma, 2 oz. eq. grain) Mayo & Mustard Packet Vegetable Sticks (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)

AVAILABLE DAILY!
Peanut Butter and Jelly Sandwich w/Cheese Stick OR Yogurt & Cheese OR Veggie Sandwich

We offer 1% White And Fat Free Chocolate Milk Daily

Date:	Date:	Date:	Date:	Date:
Hot & Tasty Taco Bar w/The Works (2 oz. eq. m/ma, 1.5 oz. eq. grain) Steamed Corn (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Hot & Tasty Homemade Macaroni & Cheese (2 oz. eq. m/ma, 1 oz. eq. grain) Garden Salad (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Lunch Box Meal Rolled Deli Ham (1 oz. eq. m/ma) Twin Cheese Slices (1 oz. eq. m/ma) WG Pretzels (1 oz. eq. grain) Vegetable Sticks (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Vermonters Wrap Chicken Salad on a Whole Wheat Wrap with Apples & Cheddar Cheese (2 oz. eq. m/ma, 2 oz. eq. grain) Vegetable Sticks (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)	Deli Day Field Trip Ham or Turkey with American Cheese on WG Bread (2 oz. eq. m/ma, 2 oz. eq. grain) Mayo & Mustard Packet Vegetable Sticks (1/2 Cup) Fresh Fruit (1/4 Cup) Farm Fresh Milk (8 oz.)

Menus are subject to change