Month:



School: Newport City

Summer Lunch Menu 2-Week Cycle



This institution is an equal opportunity provider

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ords must	Date:	Date:	Date:	Date:	Date:	
done for I meals	Hot & Tasty WG Chicken Patty	Caesar's Palace	Yogurt Mania Dannon Yogurt	Ham & Cheese Bagel	Deli Day Field Trip	AVAILABLE
served	Sandwich (2 oz. eq. m/ma, 2 oz. eq. grain)	Romaine lettuce, Chicken & Cheese with Whole Grain Croutons	(1 oz. eq. m/ma) Cheese Stick	Ham & Cheese with Honey Mustard Cream Cheese on a WG Bagel	Ham or Turkey with American Cheese on	DAILY:
cluding snacks	Crinkle Cut French Fries	(2 oz. eq. m/ma, 1 oz. eq. grain, 1/2 cup veg)	(1 oz. eq. m/ma) WG Cheddar Goldfish	(2 oz. eq. m/ma, 2 oz. eq. grain)	WG Bread (2 oz. eq. m/ma, 2 oz. eq. grain)	Peanut Butter and Jelly Sandwich
	(1/2 Cup) Fresh Fruit	Caesar Dressing Fresh Fruit	(1 oz. eq. grain) Vegetable Sticks (1/2 Cup)	Vegetable Sticks (1/2 Cup)	Mayo & Mustard Packet Vegetable Sticks (1/2 Cup)	w/Cheese Stick
	(1/4 Cup)	(1/4 Cup)	Fresh Fruit (1/4 Cup)	Fresh Fruit (1/4 Cup)	Fresh Fruit (1/4 Cup)	Yogurt & Cheese ^{OR} Veggie Sandwich
W POS	Farm Fresh Milk (8 oz.)	Farm Fresh Milk (8 oz.)	Farm Fresh Milk (8 oz.)	Farm Fresh Milk (8 oz.)	Farm Fresh Milk (8 oz.)	veggie Sandwich
e offer 🔰	Date:	Date:	Date:	Date:	Date:	the state
	Hot & Tasty	Hot & Tasty	Lunch Box Meal	Date: Vermonter Wrap	Deli Day	Contraction of the second
White	Hot & Tasty Taco Bar w/The Works	Hot & Tasty Homemade Macaroni & Cheese	Lunch Box Meal Rolled Deli Ham (1 oz. eq. m/ma)		Deli Day Field Trip Ham or Turkey with	
o White nd Fat Free	Hot & Tasty Taco Bar w/The	Hot & Tasty Homemade Macaroni &	Lunch Box Meal Rolled Deli Ham (1 oz. eq. m/ma) Twin Cheese Slices (1 oz. eq. m/ma)	Vermonter Wrap Chicken Salad on a Whole Wheat Wrap with Apples & Cheddar Cheese	Deli Day Field Trip Ham or Turkey with American Cheese on WG Bread (2 oz. eq. m/ma,	
e offer b White nd Fat Free bcolate k Daily	Hot & Tasty Taco Bar w/The Works (2 oz. eq. m/ma,	Hot & Tasty Homemade Macaroni & Cheese (2 oz. eq. m/ma, 1 oz. eq. grain) Garden Salad	Lunch Box Meal Rolled Deli Ham (1 oz. eq. m/ma) Twin Cheese Slices (1 oz. eq. m/ma) WG Pretzels (1 oz. eq. grain)	Vermonter Wrap Chicken Salad on a Whole Wheat Wrap with Apples & Cheddar Cheese (2 oz. eq. m/ma, 2 oz. eq. grain)	Deli Day Field Trip Ham or Turkey with American Cheese on WG Bread	
o White nd Fat Free	Hot & Tasty Taco Bar w/The Works (2 oz. eq. m/ma, 1.5 oz. eq. grain) Steamed Corn (1/2 Cup) Fresh Fruit	Hot & Tasty Homemade Macaroni & Cheese (2 oz. eq. m/ma, 1 oz. eq. grain)	Lunch Box Meal Rolled Deli Ham (1 oz. eq. m/ma) Twin Cheese Slices (1 oz. eq. m/ma) WG Pretzels (1 oz. eq. grain) Vegetable Sticks (1/2 Cup)	Vermonter Wrap Chicken Salad on a Whole Wheat Wrap with Apples & Cheddar Cheese (2 oz. eq. m/ma,	Deli Day Field Trip Ham or Turkey with American Cheese on WG Bread (2 oz. eq. m/ma, 2 oz. eq. grain) Mayo & Mustard Packet Vegetable Sticks (1/2 Cup)	Menus are
o White nd Fat Free ocolate	Hot & Tasty Taco Bar w/The Works (2 oz. eq. m/ma, 1.5 oz. eq. grain) Steamed Corn (1/2 Cup)	Hot & Tasty Homemade Macaroni & Cheese (2 oz. eq. m/ma, 1 oz. eq. grain) Garden Salad (1/2 Cup)	Lunch Box Meal Rolled Deli Ham (1 oz. eq. m/ma) Twin Cheese Slices (1 oz. eq. m/ma) WG Pretzels (1 oz. eq. grain) Vegetable Sticks	Vermonter Wrap Chicken Salad on a Whole Wheat Wrap with Apples & Cheddar Cheese (2 oz. eq. m/ma, 2 oz. eq. grain) Vegetable Sticks	Deli Day Field Trip Ham or Turkey with American Cheese on WG Bread (2 oz. eq. m/ma, 2 oz. eq. grain) Mayo & Mustard Packet Vegetable Sticks	Menus are subject to change